

Celasa  
**ProstaCel®forte**  
*Preserving prostate health*

Men's recommendation  
 Food supplement  
**30 capsules**

**Average net weight of 1 capsule amounts to: 350mg**

Composition: Active ingredients:	100 g of product contains:	1 capsule contains:	%RDI*
Dry extract of dwarf palm fruit ( <i>Serenoa repens</i> )10:1	51,43g	180 mg	/
Dry extract of nettle root ( <i>Urtica dioica</i> ) 4:1	17,14g	60 mg	/
Dry extract of the goat's head fruit ( <i>Tribulus terrestris</i> ) (40% of saponin)	17,14g	60 mg	/

\* RDI – recommended daily intake is not determined

**Other ingredients:** *lactose*, a volume enhancer: microcrystalline cellulose, anti-caking agents: magnesium stearate, silica

Nutritive values:	100g of products contains in average:	1 capsule contains in average:
Energy kJ(kcal)	1233.95/293.8	4.9/1.2
Fats (g)	0.40	<0.01
Carbohydrates (g)	45.5	0.20
Proteins(g)	22.45	0.10

### What is ProstaCel forte?

**ProstaCel Forte capsules** are formulated on the basis of the extract of the dwarf palm fruit, nettle root and the goat's head fruit, which contribute to the better functioning of the urinary tract by their synergistic effect. Owing to the action of the three active ingredients, ProstaCel Forte capsules contribute to the preservation of prostate health, help with frequent, painful and difficult urination, in urination, burning urination, and in reduced potency.

### What is the action of the active ingredients?

**The dwarf palm** (*Serenoa repens*) is rich in phytosterols and polysaccharides. Phytosterols are plant compounds whose chemical structure is similar to that of cholesterol.

Their physiological effect is reflected in lowering the level of cholesterol in the blood. The fruit of the dwarf palm is used in the treatment of difficulty in urinating symptoms of benign prostatic hyperplasia, type I and type II, which improves the urine flow, reduces blockage during urination and has an urinary antiseptic effect. It works by inhibiting the prostate testosterone activity by preventing the binding of dihydroxy testosterone (DHT) to androgen receptors, which prevents the prostate growth. It also reduces excessive blood vessel permeability at the targeted sites and thus reduces prostate swelling.

**Nettle** (*Urtica dioica*) produces anti-inflammatory effect by various mechanisms. It inhibits enzyme cyclooxygenase and lipoxygenase, which are responsible for the formation of prostaglandins, or leukotrienes. It also inhibits the formation of cytokines. It contains large amounts of phenolic acid that inhibits lipoxygenase. It inhibits the effect of proteolytic enzyme (human leukocyte elastase, HLE) responsible for inflammatory processes of the genital tract. As a natural urinary antiseptic and diuretic, it has found use in the treatment of frequent urination in I-II prostate adenoma phases, benign prostatic hyperplasia, and a reduction in the frequency of urination. It is also used in the treatment of frequent urination in I-II prostate adenoma phase, in alleviating the symptoms of benign prostatic hyperplasia, as a urinary antiseptic and as a diuretic then in reducing the frequency of urination.

**The goat's head fruit** (*Tribulus terrestris*) is used in traditional medicine as an aphrodisiac. The chemical composition of this plant is reflected in the high content of saponins, polysaccharides and sterols. One of its main active ingredients is protodioscin, a saponin that stimulates sexual performance and can be used for treating various sexual disorders. It helps in the regulation of the libido, increasing the percentage of free testosterone in men, acting on the increase in libido and as a stimulant for spermatogenesis. *Tribulus terrestris* is recommended as a non-steroid preparation of plant origin, which naturally increases the production of testosterone in a human body. Other effects are the reduction of cholesterol levels, lowering blood pressure in hypertensive patients, increasing the erections rigidity and duration and frequency of sexual intercourse.

**ProstaCel capsules:**

- ✓ *have a favourable effect on the urinary system functioning*
- ✓ *preserve prostate health*
- ✓ *help in the treatment of benign prostatic hyperplasia*
- ✓ *help with reduced potency*

**Method of Administration:** Adults: 1 capsule daily with a glass of water.  
Continuous use is recommended for the period of 4 to 8 weeks.

**Notes:** Dietary supplements are not a substitute for a diverse diet.  
The recommended daily dose should not be exceeded.

**Warnings:** The product is intended for men. It is not recommended for persons under the age of 12. The product should not be used by persons hypersensitive to any of the ingredients of the product. Persons diagnosed with an illness or who use any medicines should consult a physician or a pharmacist before use.

**Storage:** In a dry place, at the temperature of up to 25°C, protected from sunlight.  
Keep out of reach of children.

**Shelf life:** 3 years.

**Packaging:** Box with 3 blisters x 10 capsules

**Manufacturer:**

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