

Femevall® PROTECT
Women recommend

30 tablets
Dietary product, food supplement

Average net weight of one tablet is: 640 gr

Active ingredients:	100 g of product contains:	1 tablet contains:	*RDI%
Dry extract of red clover (lat. <i>Trifolium pratense</i>) with the minimum of 40% of total isoflavones	15.6 g	100 mg	/
Dry extract of hops flower (10:1) (lat. <i>Humulus lupulus</i>)	9.37 g	60 mg	/
Brewer's yeast	10g	64 mg	/
Vitamin E	1046.9 mg TE	6.7 mg TE	56%
Vitamin D	1560 pg	10 pg	200%

* RDI – recommended daily intake

Ingredients: Volume enhancer: microcrystalline cellulose, dry red clover extract (*Trifolium pratense* extract) with a minimum of 40% total isoflavone, starch, dry brewer's yeast, dry blossom hops extract (10: 1) (lat. *Humulus lupulus*), dl -a-tocopherylacetate, anti-caking agent: magnesium stearate, cholecalciferol, anti-caking agent: silicon dioxide.

Nutritive values	100g of product contains in average:	1 tablet (640 mg) contains in average:
Energy (kJ/kcal)	1562/372	10/2.4
Fats (g)	3.18	0.02
Carbohydrates (g)	79.82	0.51
Protein (g)	8.56	0.05

Femevall is a natural product consisting of five active compounds that are balanced to provide the optimal effect in overcoming problems during the woman's transitional menopausal period and as an excellent support in regulation of disturbed hormonal balance.

Red clover (*Trifolium pratense*) is considered one of the richest sources of phytoestrogen-isoflavone. The most common among them are formononetin, genistein, daidzein and biochanin A. Isoflavones as herbal alternative to oestrogens have an effect on alleviating the symptoms of hormonal variations, have a positive effect on lowering cholesterol, osteoporosis prevention, reduction of probability of blood clots and arterial plaques occurrence. Studies have shown that isoflavones can slow down the bone loss during menopause and premenopausal syndrome. Also, a positive influence has been shown on the prevention of cardiovascular diseases in this population, as it has been established that they have a positive effect on lowering LDL levels and increasing HDL levels.

Hops (*Humulus lupulus*) is a plant traditionally used as a spasmolytic, a relaxant and a mild sedative. The hops also show antimicrobial, anti-inflammatory, anti-allergic and estrogenic effects. As a source of phytoestrogen, it can alleviate the symptoms of menopause and prevent

osteoporosis and cardiovascular disorders. During menopause, the positive effect is reflected in a reduction in the heat of the heat and increased sweating, restlessness and nervousness.

Vitamin E (alpha-tocopherol) The term vitamin E includes a group of chemical compounds of which the most common are α -, β - and γ -tocopherols, but the highest biological activity is indicated by α -tocopherol.

Vitamin E is an essential liposoluble vitamin with strong antioxidant action as well as with anti-arterogenic, antithrombotic, anticoagulant and immunomodulatory action. As a powerful antioxidant, it is also useful in combating aging, reducing wrinkles and photoaging, and also helps in maintaining natural moisture and is recommended for dry skin care.

Vitamin D3 (cholecalciferol) is the main regulator of calcium homeostasis in the body, and is especially important for the mineralization of bones and teeth and the good utilization of calcium in foods and the prevention of osteopenia and osteoporosis. In addition, vitamin D3 also has anti-cancer, antioxidant and mild antidepressant effects.

Brewer's yeast (lat. *Saccharomyces cerevisiae*) is obtained from fungi that cause fermentation in beer production. It is a rich source of vitamin B, as well as of selenium and chromium.

Group B vitamins are important for good metabolism of carbohydrates, fats and proteins, but also for proper functioning of the nervous system and the healthy look of the skin, hair and nails. Selenium is important for production of thyroid hormone and as an integral part of the antioxidant system in the body, while chromium positively influences the regulation of glucose levels.

Femevall tablets:

- ✓ *help in reducing the symptoms of menopause, hot flashes - sudden waves of heat and increased sweating (especially at night), insomnia, nervousness (anxiety) and pounding heart*
- ✓ *due to the presence of phytoestrogens and vitamins D3, they have a positive effect on the bone density and delay the occurrence of osteopenia and osteoporosis*
- ✓ *protect the heart and blood vessels from the progression of atherosclerosis and hyperlipidaemia.*

Method of Administration:

Adult women in premenopausal, menopause and postmenopausal period: One tablet a day with a meal.

Warnings: The preparation is not intended for pregnant women and nursing mothers. The preparation should not be used by person who are sensitive to any component. It is not recommended for use in hormone-dependent diseases such as: endometriosis, oestrogen-dependent tumours of the breast, malignant ovary tumours.

Notes: The recommended daily dose should not be exceeded. Nutrition supplements cannot be used as a substitute for a diverse and balanced diet and a healthy lifestyle.

Storage: In a dry place, at the temperature of up to 25°C, protected from light.
Keep out of reach of children.

Shelf life: 3 years

Packaging: box containing 3 blisters x 10 tablets

Manufacturer:

ESENSA d.o.o.

Slobodna Zona Beograd, Viline vode bb, Republic of Serbia

www.esensa.rs

Medical marketing: Tel: +381 11 2070 965,

e-mail: marketing@esensa.co.rs

Information may be obtained by free call by dialing the number: 0800 200 300 (only for calls from Serbia) or by e-mail: informacije@connectura.rs