

Pulmint TUSIK

200 ml

For smoker's cough

liquid dietary supplement

N-acetylcystein, propolis and thyme

Active ingredients:	100 g of product contains:	10 ml (11.2 g) of product contains:
N-acetylcystein	0.83 g	0.093 g
Liquid hydroglycerin extract of propolis (standardized on 12mg/ml polyphenols)	10 g	1.12 g
Thyme tincture (Thymi herbae tinctura, 1:3)	6 g	0.67 g

Ingredients: deionized water, thickening agent – glycerol, liquid hydroglycerin extract of propolis, thyme tincture (Thymi herbae tinctura, 1:3), liquid extract of hip (Extractum fluidum Cynosbati fructus, 1:3), aroma, N-acetylcystein, thickening agent – xanthan gum, preservative – sodium benzoate.

Nutritive information:	100g of product contains:	10ml (11.2g) of product contains:
Energetic value (kJ/kcal)	773.0/184.0	86.5/20.6
Fats (g) - of which saturated fatty acids (g)	0.27 0.15	0.03 0.02
Carbohydrates (g) - of which sugars (g)	14.72 4.1	1.64 0.46
Proteins (g)	0.75	0.08
Salt (g)	0.30	0.03

- For dry cough
- For expectoration
- It calms the mucous membrane of the mouth and throat
- It has potential antibacterial activity
- It contributes to the function of the immune system

Effects:

Pulmint tusik liquid dietary supplement is formulated on the basis of N-acetylcystein, propolis and thyme. These three ingredients together help with dry cough, but also productive cough and problems with all kinds of sore throat.

N-acetylcystein (NAC) is used as an aid to the treatment of upper and lower respiratory tracts, with excessive secretion formation. It directly dissolves thick mucus, it breaks disulfide bonds of mucoproteins and in that way it eases coughing and elimination of mucus in the lungs. The secretion of mucus is very important because when accumulated it accelerates the growth of bacteria and significantly disturbs respiratory functions.

Propolis is a natural resin compound that is collected by the bees from poplar buds and pines – they use it to close their hives, so it protects them from different microorganisms. In traditional medicine it is used for centuries as an agent for better immunity, as an aid in infections from different origins

and as a potent antimicrobial agent. Propolis is a mixture of more than 150 compounds, of which flavonoids, phenols and terpenes are the basic ones. The synergy of these compounds in the product gives all positive effects on human organism. Basically it has: antibacterial, antiviral, antifungal, immunomodulatory, antioxidative and regenerative properties.

Thyme (*Thymus vulgaris*) is used for cough and bronchitis. Ethereal oil and flavonoids in this plant have spasmolytic and antitussive effects, at the same time encouraging secretory activity of respiratory tract epithelium, easing expectoration of accumulated mucus. Thyme also shows antimicrobial activity which includes elimination of multiple bacteria and fungi.

Dosing and mode of use:

Adults: 3 times a day 10 ml (2 coffee spoons).

Notes:

The product should not be used after expiry date.

Dietary supplements should not be used as a replacement for good and healthy nutrition.

Recommended daily dose should not be exceeded. Shake before use.

Warnings:

The product is not recommended for persons sensitive to some of the ingredients, pregnant and breastfeeding women. During the use of the product on the basis with N-acetylcysteine it is recommended to increase the input of liquid. Persons with chronic liver problems, kidney stone, as well as persons that suffer from stomach ulcer should not use products with N-acetylcysteine. Allergic reactions and disfunction of gastrointestinal tract are possible. Parallel use with antitussives is not recommended.

Way of preservation:

Keep the product in original packaging, in a dry and dark place, on the temperatures below 25°C, out of reach of children. After each use, close the bottle carefully.

Shelf life:

3 years.

Neto mass packaging:

200 ml

Manufacturer:

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