

MULTIMED®

VITAMIN ELIXIR with omega-3

WHEN APPETITE ROARS, IMMUNITY SOARS
(*appetite is important for a strong immune system*)

*Ω3 DHA/EPA
16 vitamins and minerals
with honey*

Dietary product, food supplement 200 ml

Active ingredients:	100 g of product contain:	15 ml (16.2 g) of product contain:	%RDI*
Vitamin A (RE)	1.2x10 ³ µg	194.12 µg	24.3
Vitamin B1	2.0 mg	0.32 mg	29.1
Vitamin B2	2.0 mg	0.32 mg	22.9
Vitamin B3 – niacin (NE)	24.0 mg	3.88 mg	24.3
Pantothenic acid	8.0 mg	1.29 mg	21.5
Vitamin B6	2.0 mg	0.32 mg	22.9
Folic acid	600 µg	97.06 µg	48.5
Vitamin B12	3.6 µg	0.58 µg	23.2
Vitamin D3	60.0x10 ³ µg	9.71 µg	194.2
Vitamin E (TE)	24.0 mg	3.88 mg	32.3
Zinc	12.0 mg	1.94 mg	19.4
Iodine	359.5 µg	58.24 µg	38.8
Manganese	4.8 mg	0.78 mg	39.0
Omega-3 fatty acids	617.3 mg	100.0 mg	/

*RDI - Recommended daily intake

Oral solution

Ingredients: purified water, xanthan gum (thickening agent), glycerol, potassium sorbate (preservative), polysorbate 20 (emulsifier), honey, tangerine flavour, lemon flavour, citric acid (acid), maltodextrin, sea fish oil concentrate, magnesium gluconate, L-ascorbic acid, DL-α-tocopherol acetate, nicotinamide, zinc gluconate, calcium-D-pantothenate, manganese gluconate, thiamine hydrochloride, riboflavin, pyridoxine hydrochloride, retinyl acetate, folic acid, potassium iodide, cholecalciferol, D-biotin and cyanocobalamin.

Nutrition information:	100 g of product contain on average:	15 ml (16.2 g) of product contain on average:
Energy value (kJ /kcal)	522.25 /124.35	84.6 /20.15
Fats (g)	0.79	0.13
- of which saturated fatty acids (g)	0.07	0.01
Carbohydrates (g)	42.52	6.89
- of which sugars (g)	3.15	0.51
Proteins (g)	<0.1	<0.02
Salt (g)	0.015	0.002

MultiMed is a product with complete formula made up of 12 vitamins and 4 minerals with added omega-3 fatty acids, and it is an excellent dietary supplement for children.

It does not contain alcohol, artificial colours and aromas, and it contains honey.

Omega-3 fatty acids are the most essential polyunsaturated fatty acids, the most important of which are eicosapentaenoic acid (**EPA**) and docosahexaenoic acid (**DHA**) commonly found in fish and fish oil, therefore called "sea omega-3". Omega-3 fatty acids cannot be synthesized by the human body, so they need to be consumed through food. Deficiency in omega-3 fatty acids in the diet of children and adults may cause memory issues, eczema, various inflammations, allergies and cardiovascular conditions.

Vitamin A is essential for synthesis of epithelial cells, growth of cells of all organs, good immunity and preservation of vision quality in children.

B vitamins contained in this product are important on many levels, but they are vital for proper metabolism in children, better appetite, proper functioning and development of the nervous system, boosting the immune system and optimum growth and development of children. Vitamin B12 is essential for proper red blood cells synthesis, but also for proper functioning of the nervous system.

Vitamin D3 stimulates absorption of calcium which prevents rickets and osteomalacia in children, strengthens bones and teeth and significantly supports a child's immune system.

Iodine is a very important microelement contained in certain hormones in the body. It is also significant for the development and functioning of a child's nervous system, since poor cognitive performance, poor concentration and low motivation for learning have been observed in children consuming food low in iodine.

Vitamin E and vitamin C are powerful antioxidants, but they are also important for a child's immunity because they improve all functions of the innate immune system.

Magnesium, zinc and manganese contained in the product are in the form of salts which enable good utilization of these microelements.

Magnesium is an essential microelement, primarily for proper functioning of the nervous system. It is important for a child's growth and development, it improves the heart muscle function, it is essential for healthy bones and teeth, and it also helps reduce fatigue and increase available energy.

Manganese is a mineral found in very small amounts in the human body, but it contributes to a number of processes. It is responsible for better bone structure, connective tissue formation, proper thyroid function, blood glucose regulation, as well as normal metabolism of fat and carbohydrates. It is also very important for normal brain and nervous system function and it acts as an antioxidant.

Zinc is primarily an antioxidant, but it is also important for proper immune response in children. It stimulates NK cells and unspecified immune response cells in children and is therefore the first line of defence against potential infections.

MultiMed contributes to:

- ✓ normal psychological and physical development of children
- ✓ proper functioning of the immune system
- ✓ reduced feeling of fatigue and exhaustion
- ✓ normal development, good condition and proper functioning of the skeletal and muscular system and teeth
- ✓ preservation of proper vision

Dosage and use: Adults and children over 3 years of age: one tablespoonful daily (15 ml).

Notes: Dietary supplements are not a substitute for a healthy and balanced diet. Recommended daily dose must not be exceeded.

Warning: The product must not be consumed by persons oversensitive to any of the ingredients. The product is not recommended during pregnancy and breast-feeding or children under 3 years of age.

Storage:

Keep the product in its original packaging, protected from light and humidity, at a temperature below 25°C. Keep out of reach of children.

Shelf life: 3 years.

Packaging: 200 ml of oral solution in a glass vial.

Manufacturer: ESENSA d.o.o., Belgrade, Viline vode bb, Republic of Serbia

Country of origin: Republic of Serbia