

# MAGNESIUM CHLORIDE GEL

## RELAXATION IONS

with lavender and eucalyptus essential oils

200 ml

**Ingredients (INCI):** Aqua, Magnesium Chloride, Hydroxyethylcellulose, PEG-40 Hydrogenated Castor Oil, Lavandula Hybrida Oil, Eucalyptus Globulus Leaf Oil.

**Magnesium** is an essential mineral, necessary for proper functioning of the nervous system, muscles, heart and the bloodstream. It engages in energy metabolism by contributing to the transformation of carbohydrates, proteins and fats into energy. Magnesium has a soothing effect on the nervous system and helps with insomnia, anxiety, irritability, headache and PMS symptoms. This mineral maintains elasticity of the skin, reduces the signs of ageing, alleviates inflammations and increases hydration of skin cells. Insufficient intake or reduced ability to absorb such an important element, such is magnesium, causes numerous metabolic disorders in the body. Apart from causing chronic fatigue and lack of concentration, it may lead to muscle dysfunction, muscle pain and spasms, vertigo, nervousness and sleep disorders, heart arrhythmia, difficult calcium absorption.

**Magnesium chloride gel relaxation ions** is formulated on magnesium-chloride basis, which is quickly resorbed through the skin. Transdermal administration enables the best usability of magnesium and the effect is felt quickly upon product application. It is recommended for conditions of nervous tension, stress, exhaustion, fatigue and insomnia. With its soothing effects on the body, it makes falling asleep easier, helps with migraines and headaches caused by the premenstrual syndrome, alleviates unpleasant symptoms during menopause. Through dermal application, it improves hydration and detoxication, eliminates the accumulated toxins which are the cause of many diseases and imbalance in the body. It has a beneficial effect on muscle pain and spasms (feet, calves, hands). It reduces stiffness and heaviness in legs, which is especially important for the elderly and persons who do not move much or who spend a lot of time sitting down. Preventive use of the gel is recommended for persons who recreationally or professionally engage in sports, for muscle relaxation before training. The product also contains lavender and eucalyptus essential oils, which contribute to the pleasant feeling of muscle relaxation and improve nerve conduction.

### Action:

- ✓ relieves muscle pain, spasms and neuralgias
- ✓ alleviates tension and stress
- ✓ improves nerve conduction
- ✓ helps with headaches
- ✓ hydrates the skin and reduces the signs of ageing

**Use:** Before the first use, remove the protective foil from the tube's opening. Apply a thin layer of gel on clean skin and slowly rub it in until complete absorption. It is recommended to use the gel once a day. The product may also be used for the preparation of relaxing baths.

**Note:** The product can be used on all body parts, it is only necessary to avoid contact with the eyes, the nether region and freshly-waxed skin. It is not recommended to use the gel after applying other creams and lotions, because they reduce its absorption. A slight tingling sensation may be felt after applying the gel. The use of this product is not recommended for persons oversensitive to any of its ingredients.

**Storage:** Store at temperatures up to 25°C, out of reach of children.

**Shelf life:** 3 years.

**Packaging:** Tube with 200 ml

**Manufacturer:** Esensa d.o.o.  
Free Zone Belgrade,  
Viline vode street no number, Republic of Serbia  
[www.esensa.rs](http://www.esensa.rs)